

LISTE DES ALLERGÈNES MAJEURS



| Date | Plat | Lait | Blé / Gluten | Oeuf | Poissons | Sulfites | Fruits à coques | Crustacés | Mollusques | Soja | Céleri | Arachides | Moutarde | Sésame | Lupin |
|---|-------------------------------------|-------------------------|--------------|------|----------|----------|-----------------|-----------|------------|------|--------|----------------|----------|--------|-------|
| Période du 02 sept au 06 sept 2019 | | Crèche 6/12 mois | | | | | | | | | | CRECHES | | | |
| lun 2 septembre | Escalope de poulet | | | | | | | | | X | | | | | |
| | Purée de pommes de terre BIO nature | | | | | | | | | | | | | | |
| | Haricots verts BIO | | | | | | | | | | | | | | |
| | Yaourt nature BIO | X | | | | | | | | | | | | | |
| | Compote de poires BIO | | | | | | | | | | | | | | |
| | Compote pommes bio | | | | | | | | | | | | | | |
| mar 3 septembre | Escalope de dinde | | | | | | | | | | | | | | |
| | Purée de pommes de terre BIO nature | | | | | | | | | | | | | | |
| | Courgettes bio | | | | | | | | | | | | | | |
| | Fromage blanc bio nature | X | | | | | | | | | | | | | |
| | Compote pomme-banane BIO | | | | | | | | | | | | | | |
| | Compote de pommes vanille BIO | | | | | | | | | | | | | | |
| mer 4 septembre | Rôti de bœuf | | | | | | | | | | | | | | |
| | Purée de pommes de terre BIO nature | | | | | | | | | | | | | | |
| | Potiron bio | | | | | | | | | | | | | | |
| | Yaourt nature BIO | X | | | | | | | | | | | | | |
| | Compote pommes bio | | | | | | | | | | | | | | |
| | Compote de poires BIO | | | | | | | | | | | | | | |
| jeu 5 septembre | Filet de cabillaud | | | | X | | | | | | | | | | |
| | Purée de pommes de terre BIO nature | | | | | | | | | | | | | | |
| | Epinards hachés bio | | | | | | | | | | | | | | |
| | Fromage blanc bio nature | X | | | | | | | | | | | | | |
| | Compote pomme-fraise bio | | | | | | | | | | | | | | |
| | Compote pomme-pêche bio | | | | | | | | | | | | | | |
| ven 6 septembre | Rôti de veau | | | | | | | | | | | | | | |
| | Purée de pommes de terre BIO nature | | | | | | | | | | | | | | |
| | Carottes Vichy bio | | | | | | | | | | | | | | |
| | Yaourt nature BIO | X | | | | | | | | | | | | | |
| | Compote de poires BIO | | | | | | | | | | | | | | |
| | Compote pommes bio | | | | | | | | | | | | | | |
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|---|--------------------------------------|------------------------|--------------|------|----------|----------|-----------------|-----------|------------|------|--------|----------------|----------|--------|-------|
| Période du 02 sept au 06 sept 2019 | | Crèche +18 mois | | | | | | | | | | CRECHES | | | |
| lun 2 septembre | Salade de blé bio catalane | | X | | | X | | | | | | | X | | |
| | Emincé de poulet au jus | X | | | | X | | | | X | | | | | |
| | Semoule BIO | | X | | | | | | | | | | | | |
| | Haricots verts bio | | | | | | | | | | | | | | |
| | Yaourt nature BIO | X | | | | | | | | | | | | | |
| | Carré frais bio | X | | | | | | | | | | | | | |
| | Fruit de saison BIO | | | | | | | | | | | | | | |
| mar 3 septembre | Melon jaune bio | | | | | | | | | | | | | | |
| | Omelette nature BIO | X | | X | | | | | | | | | | | |
| | Courgettes bio persillées | | | | | | | | | | | | | | |
| | Pommes cubes vapeur BIO | | | | | | | | | | | | | | |
| | Tomme BIO | X | | | | | | | | | | | | | |
| | Fromage blanc bio nature | X | | | | | | | | | | | | | |
| | Compote de pommes vanille BIO | | | | | | | | | | | | | | |
| | Madeleine bio | X | X | X | | | | | | | | | | | |
| | Fruit de saison BIO | | | | | | | | | | | | | | |
| mer 4 septembre | Carottes râpées BIO | | | | | | | | | | | | | | |
| | Bolognaise au Boeuf | | | | | | | | | | | | | | |
| | Coquillettes BIO | | X | | | | | | | | | | | | |
| | Emmental bio | X | | | | | | | | | | | | | |
| | Yaourt nature BIO | X | | | | | | | | | | | | | |
| | Fruit de saison BIO | | | | | | | | | | | | | | |
| | Compote pommes bio | | | | | | | | | | | | | | |
| | Tartines craquantes BIO | | | | | | | | | | | | | | |
| jeu 5 septembre | Filet de Cabillaud au court bouillon | | | | X | | | | | | | | | | |
| | Epinards bio à la béchamel | X | X | | | | | | | | | | | | |
| | Riz bio pilaf | | | | | | | | | | | | | | |
| | Carré de l'Est BIO | X | | | | | | | | | | | | | |
| | Fromage blanc bio nature | X | | | | | | | | | | | | | |
| | Cake bio | | X | X | | | | | | | | | | | |
| | Compote pomme-fraise bio | | | | | | | | | | | | | | |
| | Fruit de saison BIO | | | | | | | | | | | | | | |
| | Salade Verte Bio | | | | | | | | | | | | | | |
| ven 6 septembre | Salade de blé bio à l'orientale | | X | | | X | | | | | | | X | | |
| | Sauté de veau à la crème | X | | | | | | | | | | | | | |
| | Carottes Vichy bio | | | | | | | | | | | | | | |
| | Camembert BIO | X | | | | | | | | | | | | | |
| | Edam Bio | X | | | | | | | | | | | | | |
| | Fruit de saison BIO | | | | | | | | | | | | | | |
| | Compote pommes bio | | | | | | | | | | | | | | |